

July 2026

# NEWSLETTER

## Park Hill Junior School



### Learning Update

I hope you and your families are having a wonderful, restful summer break! Now that we are two weeks into the summer holidays, I wanted to share our final learning update for July and reflect on what an extraordinary end to the academic year we experienced at Park Hill Junior School. Right up until the last day of term, our pupils continued to embody our core value of Limitless Learning.

#### *Celebrating Academic Progress & SATs Success*

**Outstanding SATs Results:** We are absolutely thrilled to celebrate our Year 6 SATs results! Our pupils achieved fantastic outcomes, which are a direct reflection of their hard work, resilience, and dedication throughout the year. We could not be prouder of how brilliantly they represented Park Hill.

#### *School-Wide Growth*

Beyond test scores, we want to celebrate the incredible progress that every single child across Years 3, 4, 5, and 6 made this past academic year. From mastering multiplication tables to developing confident communication and reading skills, the children's personal and academic growth has been remarkable.

#### *Important Reminder: School Bags for September*

As you begin preparing for the return to school in September, please remember the important change regarding school bags. All children should have received their new, complimentary Park Hill bag before we broke up for the summer. From September, pupils will only need this bag. All they need to carry to school each day is: A water bottle, their school planner and reading book, taking away the need for larger bags.

Please ensure no additional large rucksacks or extra bags are brought in, as keeping belongings minimal helps us maintain clean, safe, and organised classrooms.

Thank you once again for your unwavering partnership and support throughout this past school year. Please enjoy the remainder of the summer holidays, and we look forward to welcoming the children back in September!

Miss Arli  
Headteacher

### Diary Dates

|                                                         |                                   |
|---------------------------------------------------------|-----------------------------------|
| 2 <sup>nd</sup> September-<br>4 <sup>th</sup> September | Inset Day                         |
| 7 <sup>th</sup> September                               | Children return to school         |
| 25 <sup>th</sup> September                              | 1 Year 6 Class to Horniman Museum |
| 30 <sup>th</sup> September                              | Year 5 Fire Safety Talk           |
| 1 <sup>st</sup> October                                 | Neurodiverse Coffee Morning       |
| 2 <sup>nd</sup> October                                 | 1 Year 6 Class Horniman Museum    |
| 9 <sup>th</sup> October                                 | Hello Yellow Day Young Minds      |
| 21 <sup>st</sup> October and 22 <sup>nd</sup> October   | Parents Consultations             |
| 22 <sup>nd</sup> October                                | Individual Photos                 |
| 23 <sup>rd</sup> October                                | Flu Vaccines                      |

### PHJS Core Values



# SPOTLIGHT: YEAR 5

## DT Salad Making

Year 5 had a wonderful time learning about Greek cuisine and the history of how ingredients were used in the Ancient times. The children were given an opportunity to complete some taste testing and then in teams design an original Greek salad with their own choices. They turned out to be absolutely brilliant, we have some amazing future chefs amongst us. Finally they evaluated their products and discussed what they would change for next time. The children thoroughly enjoyed this lesson. Thank you for providing the ingredients.



## Art/ clay painting

As part of our Ancient Greece curriculum this summer term, the children completed a creative Greek vase project, linking their learning with Art and DT skills. They began by researching traditional Greek vase designs, carefully exploring the patterns, drawings and colours commonly used. The children then designed their own vases before using clay to bring their ideas to life. After allowing the clay to dry, they painted their finished pots, adding detail and colour to reflect the Greek theme. The children thoroughly enjoyed the process and took great pride in their final creations, which beautifully showcased their creativity, patience and understanding of Ancient Greek art and culture.



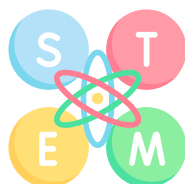
## Residential

Year 5 had a wonderful time on their recent residential trip. The children stepped out of their comfort zones to try incredible new activities they never thought they would—from soaring on the giant swing to mastering fencing and archery! Throughout the trip, all the children showcased brilliant team-building skills and fantastic problem-solving abilities. They were exceptionally well-behaved and truly made Park Hill Junior School proud. We hope they continue to use and develop these fantastic skills as they move forward into Year 6! The children who didn't go to the residential also developed their teamwork, problem solving and creativity skills. For one activity the children completed a Skills Builder Challenge called 'Game On'. In groups the children created a new ball sport, creating the rules, kit and also designing the 3D stadium. It was wonderful to see how creative they were and also their speaking and listening skills when sharing their projects. In that week the children also designed and made trinkets out of clay. Some children chose to create trinket dishes, worry stones or Jelly Cat inspired objects, they all looked great and so many children were resilient when sculpting intricate pieces. They ended the week with a trip to Park Hill park, playing a range of games together.



## Year 5 STEM Trip

Year 5 had a fantastic day at Coombewood School, taking part in a range of STEM activities. The children showed great teamwork, curiosity and problem-solving skills as they explored new ideas and put their learning into action.



## Polka Theatre Trip

Year 5 visited the Polka Theatre and were treated to a brilliant performance of Arthur.



## Attendance

Well done to 6H for having the highest attendance this month! Our Overall attendance is 96% which is above National.

| Class | Attendance so far % |
|-------|---------------------|
| 3D    | 92.3                |
| 3S    | 94.0                |
| 3U    | 98.3                |
| 4E    | 92.4                |
| 4H    | 98.3                |
| 4F    | 98.3                |
| 5K    | 91.9                |
| 5I    | 97.2                |
| 5M    | 93.9                |
| 6A    | 92.3                |
| 6H    | 98.9                |
| 6M    | 94.2                |



# OTHER NEWS

## House Winners – Latham

Our house winners Latham enjoyed their reward of a trip to the park and ice creams. Well done Latham!

## Year 6

Congratulations to our wonderful Year 6 children on their SATs results. Your effort, resilience and kindness have shone through, and we are incredibly proud of you all. Thank you to our families for all your encouragement and support. Wishing you the very best of luck as you take your next steps.

## PHJS Sports Achievements

### Croydon and Surrey Cricket Finals

On the 2nd and 7th of July, ten Year 6 boys competed in a county borough cricket competition to represent Park Hill Junior School. They worked together to become a formidable force and went unbeaten in the first tournament. This achievement qualified the team to the Surrey Cricket Finals.

The boys continued working hard and showed brilliant teamwork against more challenging teams. This led to a fantastic victory in a thrilling final, with the team coming out as the champions!

Results:

1st tournament group stage 2nd tournament group stage

Park Hill won by 6 runs Park Hill lost by 5 runs

Park Hill won by 70 runs Park Hill won by 8 runs

Park Hill won by 71 runs Park Hill won by 50 runs

Final Semi-final

Park Hill won by 6 runs Park Hill won by 43 runs

Final

Park Hill won by 5 runs

## Basketball

A massive congratulations to our school basketball team, who recently travelled to the Crystal Palace Sports Centre for the Iball Croydon Basketball tournament. The competition was fierce, spanning two rounds and a total of six games. In a spectacular display of talent, Parkhill won every single match, remaining completely undefeated throughout the day. The team successfully achieved their goal, proudly lifting the winner's trophy at the end of the tournament. Well done, team!

## Dance

A huge well done to the 17 fantastic pupils who represented Parkhill in a spectacular dance competition against nine other schools. Performing to the theme of 'Trust', the group showcased amazing versatility by blending contemporary and street dance styles. Facing fierce competition, our dancers thrived on the big stage and enjoyed every second of the experience, securing an impressive 5th-place finish overall. The team are already looking forward to next year! Thank you so much to Miss Mazowe for providing such an amazing opportunity for our pupils.

## Year 6 Leavers Production

A big congratulations to our Year 6 children on their fantastic leavers production. They worked incredibly hard to learn their lines, songs and parts, and their effort really shone through on stage. It was a lovely moment to mark the end of their primary school journey.

## Disco Highlights

Years 3–5 had a blast at the summer disco with music, friends, and unforgettable moments!





## Eco Summer Holiday Challenge

The summer holidays are the perfect time to enjoy the outdoors and help look after our environment. We would love our children to become Eco Champions over the break by trying some of these simple activities:

-  Plant flowers or vegetables and watch them grow.
-  Look out for bees, butterflies, and birds in your garden or local park.
-  Recycle as much as you can and think twice before throwing things away.
-  Help save water by turning off taps and using a watering can instead of a hose.
-  Walk, cycle, or scoot instead of using the car whenever possible.
-  Take part in a family litter pick (with an adult) to help keep your local area clean.

We would love to see what you've been doing! Take some photos of your eco activities and bring them into school in September to share with your class.

Have a wonderful summer, and thank you for helping to make our planet a greener place!

## The Safeguarding Spotlight



### Safeguarding Over the Summer Holidays

As we head into the summer break, we would like to wish all of our families a safe and enjoyable holiday. While summer is a time to relax and have fun, it is also important to continue thinking about children's safety and wellbeing.

Many children will spend more time online during the holidays. Please encourage them to stay safe by talking about responsible internet use, checking privacy settings, and reminding them never to share personal information with people they do not know.

Summer can bring excitement, but some children may also experience anxiety, loneliness, or changes to their routine. Spending quality time together, encouraging physical activity, maintaining regular sleep routines, and talking openly about feelings can all support positive wellbeing.

If your child appears worried or withdrawn, remember that listening without judgement and seeking support early can make a real difference.

If your family is enjoying days out, remember to supervise children around water, use sun protection, encourage safe cycling with helmets, and talk about road safety.

If you have any concerns about a child's safety during the summer holidays, support is available.

- Please call the local Children's Services team or the Police on 999 in an emergency.
- For confidential emotional or mental health support, Childline (0800 1111) is available for children
- Urgent Social Care (9am–5pm): Contact the Croydon Multi-Agency Safeguarding Hub (MASH) at 020 8255 2888
- Out of Hours (5pm–9am & Weekends): Call the Croydon Emergency Duty Team (EDT) at 020 8726 6400 (press 5 for Children's Services)
- Parents can contact YoungMinds Parents Helpline (0808 802 5544).
- If you or someone you know is affected by domestic abuse, the National Domestic Abuse Helpline (0808 2000 247) offers free, confidential 24-hour support.

# Celebrating Success

Thank you for sharing so many wonderful celebrations from outside of school. If your child isn't included this month, please watch for upcoming newsletters. The form is now **open** please complete the form **here** if you would like to celebrate your child/rens success



Well done to Luke (5I) passing his Grade 1 drumming exam

Well done to Maadhav (6A) Achieving a FIDE rating of 1449 in the rapid chess format

Well done to Arav (5K) Passed Grade 3 vocal and theory exams in indian classical music with distinction

Well done to Anvitha achieving a distinction in carnatic vocal music

Well done to Festin (4E) Participating in Yamaha music class winter concert as the narrator

Well done to Diya (3D) for her classical dance performance

Well done to Nana (3S) Placing 1<sup>st</sup> in the 80 metres race at Croydon Arena representing PHJ

Well done to Riona (3U) Achieving 100 metres in swimming



Well done to Beth (3S) Completing her gold swimming level



Well done to McGregor, Sid and Nathan taking part in their first proper gig as part of Rock Project.



## The Info Hub

**SPECIALIST**  
**SpLD**  
**TEACHING & SUPPORT**

**LEVEL 5 QUALIFIED**

**SUPPORTING LEARNERS WITH:**

- Dyslexia
- Dyspraxia
- ADHD
- Dyscalculia

**HOW I SUPPORT**

- ✓ Multisensory, structured teaching
- ✓ One to one sessions
- ✓ Building confidence and skills
- ✓ Personalized to individual needs
- ✓ Progress focused

**Contact: Rachel McKemey**  
07984 032584  
or via the school office

**AVAILABLE IN SCHOOL**  
HOURS  
and other times

Empowering learners to reach their potential

**WELCOME TO OUR NEURODIVERSE COMMUNITY**

If you have (or think you have) a neurodivergent child and are looking to connect with other parents and carers, come along to our half termly catch up session for a chat, coffee, or number swap as we build our supportive community; or leave your name and number at the office to be added to the WhatsApp.

**NEXT SESSION:**  
THURS 1<sup>st</sup> OCT  
WED 25<sup>th</sup> NOV,  
TUES 26<sup>th</sup> JAN,  
THURS 18<sup>th</sup> MARCH  
09:10 - 10:20 AT PHJS

**"SPACES NOW OPEN FOR SEPTEMBER! At iRock,** children experience the excitement of being in a real band, learning instruments, playing songs they love and building confidence through music. Led by passionate and professional Band Coaches, our fun and inclusive in-school sessions help children develop teamwork, resilience and musical skills in a supportive environment. Every term ends with a live concert performance for family and friends, giving children the chance to shine like real rockstars and celebrate everything they've achieved!"

### Book Donations

If you are having a spring clean and find any books that are in good condition - we would always be happy to receive donations so we can share these with other families.



### Parent Pay

As we close the academic year, kindly ensure any remaining payment items are completed.



# Online Safety

This #WakeUpWednesday edition offers clear, supportive guidance to help parents and educators feel more confident in navigating the online world with children and young people. It looks at how everyday conversations, simple boundaries, and a bit of digital awareness can make a real difference to young people's online experiences. This guide also explores how parents and educators can create an environment where children feel comfortable asking for help when something online unsettles them.

## 10 Top Tips for Parents and Educators ESSENTIAL ONLINE SAFETY

Children and young people use the internet every day to learn, play, and connect, but the online world is not always safe. For adults, it can be hard to keep up with the risks, including harmful content, cyberbullying and scams. These 10 tips provide clear and practical advice to support safer and healthier digital habits, helping young people to make informed, secure choices when using technology.

### 1 START EARLY CONVERSATIONS

Begin talking about online behaviour from the moment children start using devices. Use age-appropriate language and revisit topics regularly, making it clear they can speak to you about anything that upsets or confuses them. Keeping these chats open helps build trust, so children are more likely to come to you when needed.

### 2 PROMOTE SAFER SHARING

Children can overshare without understanding the risks. Remind them that photos, locations, or messages can be copied or shared beyond their intended audience. Explain how even private messages or group chats can be saved and/or misused. Talk about what is appropriate to post, message, and who it's safe to share with.

### 3 ENCOURAGE DIGITAL BALANCE

Many apps and games are designed to keep users engaged through rewards, likes, or constant updates. These features can make it hard for children to switch off. Talk openly about how these systems work and help children recognise when it's time to take a break. Building in tech-free routines supports a healthier balance and awareness of their screen time.

### 4 CREATE A SAFE SPACE FOR CONCERNS

When children come to you with a concern, respond with interest and care, rather than with alarm. Keeping your reaction measured helps them feel safe and supported. This doesn't mean ignoring serious issues; it means showing that you're there to help. When children trust that they can speak openly, they're more likely to feel supported through unpleasant online experiences, and to ask for help in future.

### 5 STAY INFORMED AND CURRENT

With emerging technologies like AI moving and changing so quickly, it's important to stay updated on how children are using new platforms, apps and games. Ask them to show you what they use and let them take the lead as you explore together. This opens up valuable conversations and helps you stay ahead of emerging risks and trends.

### 6 TEACH CRITICAL THINKING

Talk to children about how to recognise unreliable information or scams online. With AI-generated videos, photos, and stories becoming harder to spot, help children question what they see and encourage them to look for evidence, check sources, and ask questions. These skills will help them avoid risks, make smart choices, and develop healthy habits for the future.

### 7 SET CLEAR BOUNDARIES

Involve children in conversations about device usage so they feel included. Agree on digital rules such as screen-time limits, age-appropriate apps, and no devices in bedrooms overnight. Use parental controls to block or filter harmful content and explain that rules are there to protect and support them, not to spoil their fun.

### 8 LEAD BY EXAMPLE

Children often copy the behaviour of adults around them. Show them what balanced, respectful, and mindful use of technology looks like, such as avoiding scrolling during family time and speaking kindly in messages. If you expect certain behaviour from them online, make sure your own habits reflect the same standards.

### 9 EXPLORE PRIVACY SETTINGS TOGETHER

Show children how to use privacy tools on apps, games, and websites. Teach them to use strong passwords, block or report others in response to problems, and avoid sharing personal details. Explore settings together so they feel confident and in control, and explain that these features are there to help them stay safe online.

### 10 KNOW WHERE TO GET HELP

Familiarise yourself with tools and organisations that support online safety. The National College offers online safety guides and webinars which provide tips on staying safe. Websites like Report Harmful Content and CEOP can be used to report when something goes wrong. Show children how to report or block users, and where to go if they feel unsafe. Make sure they know that asking for help is always the right thing to do, and be prepared to support them.

## Meet Our Expert

Home to the world's largest CPD library for educators, The National College has transformed the way education establishments go about developing their workforces and managing compliance. Our three memberships help all phases and types of setting raise standards, save time, reduce risk, and build a culture of improvement.

#WakeUp  
Wednesday®

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